About This Course

The images, artwork, and words used in this course are all designed to connect children to the good and the beautiful: family, faith, high moral character, and the wonders and beauty of nature and human life.

Level K Handwriting is designed for most children between the ages of 4 to 6 years old who are ready to start handwriting. It is critical that your child gain a strong foundation in correct letter formation. Do not move too fast through foundational skills.

COURSE ORGANIZATION

This level focuses on correct print formation of letters and numbers and, near the end of the course, introduces short words and sentences. This workbook includes 100 sheets, which is 3–4 sheets per week for a normal school year. Halfway through the course the text size is reduced as the child gains the motor skills for smaller print. The course introduces 2–3 new letters at a time, going in alphabetical order.

COLORING AND DRAWING

Each sheet in this course provides an opportunity for the child to draw or color, improving both drawing and motor skills. Also, many children enjoy handwriting sheets much more with the opportunity to do a little art after the handwriting portion of the sheet is completed.

PENCIL GRIP

Correct pencil grip is essential. For videos on correct pencil grip, please see the Handwriting FAQs on our website www.thegoodandthebeautiful.com. Make sure to gently and patiently correct the child’s incorrect pencil grip when writing or drawing.
DOING HANDWRITING AS A FAMILY

Handwriting time can be done together as a family. As some children will not finish one page in the same amount of time as other children, you may want to set a certain length of time for handwriting each day, such as 10–15 minutes. Wherever children are at on the page, have them stop at the end of the specified time. At the next handwriting session, they can pick up right where they left off. Some children may complete more than one page during a session, and some children may complete less than a page.

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Tracing Letters and Numbers
Writing First Name

70 Point Font
Trace each number, starting on the dot.

Have your parent or teacher write your first name, then trace it here.

Color the birds.
Trace each letter, starting on the dot.

Draw a sun and color the lighthouse.
Trace each letter, starting on the dot.

Color the cacti.
Trace each letter, starting on the dot.

Draw a sun and clouds, then color the hot air balloon.
Trace each letter, starting on the dot.

With a crayon or colored pencil, draw a line between each image without touching any of the lines.
Trace each letter, starting on the dot.

Connect the letters and then color the picture.
Trace each number, starting on the dot.

Have a parent or teacher write your first name, then trace it here.

Copy the designs in the blank boxes.
Trace each letter, starting on the dot.

Draw light blue snow falling and then color the igloo.
Trace each letter, starting on the dot.

Color the bird.
Trace each letter, starting on the dot.

Connect the letters and then color the picture.
Trace each letter, starting on the dot.

Color the scene.
Trace each letter, starting on the dot.

Draw grass and flowers in the box.
Write your first name, and then trace each number.

Draw a picture.
Trace each letter, starting on the dot.

Draw flowers in the jar and color them.
Trace each letter, starting on the dot.

Connect the letters and then color the picture.
Trace each letter, starting on the dot.

Color the scene.
Trace each letter, starting on the dot.

Color the picture.
Trace each letter, starting on the dot.

Copy each design in the blank boxes.
Trace each number, starting on the dot.

Write your first name.

Copy the designs in the blank boxes.
Trace each letter, starting on the dot.

Connect the letters, then color the picture.
Trace each letter, starting on the dot.

With a crayon or colored pencil, draw a line between each image, trying not to touch any of the lines.
Trace each letter, starting on the dot.

Copy each tree in the blank boxes.
Tracing and Writing Letters and Numbers
Writing First and Last Name
Trace each letter and then write each letter.

Color each jewel a different color.
Trace each number, starting on the dot.

0 1 2 3 4 5 6 7

Have your parent or teacher write your last name, then trace it here.

8 9

Draw each arrow.
Trace each letter and then write each letter.

Color each pine tree a different shade of green.
Trace each letter and then write each letter.

Copy each tree in the blank boxes.
Trace each letter and then write each letter.

Complete the maze.
Write each letter twice.

Color each picture. Then trace the word for the picture.
Write each letter twice.

We like to jump.

Draw the picture in the box.

Trace the sentence.
Write each letter and complete the maze.

Write each letter and complete the maze.

R
S
T
I

Level K Handwriting

SAMPLE not for use
Trace each number, starting on the dot.

Write your last name.

Draw each item.
Write each letter twice.

X Y x y

With a crayon or colored pencil, draw a line between each image without touching any of the lines.

Trace the sentence.

The bird is blue.
Write each number, starting on the dot.

5 6 7 8 9

Draw each arrow.
Trace each number and punctuation mark, starting on the dot.

Copy each pattern in the empty box below it.
Trace each letter and then write each letter.

Draw liquid inside each cup. Try water, orange juice, grape juice, etc.
Trace each letter and then write each letter.

Copy each tree in the blank boxes.
Trace each letter and then write each letter.

Complete the maze.
Trace each number, starting on the dot.

0 1 2 3 4 5 6 7

Write your last name.

8 9

Draw each item.

[Blank squares and drawings]
Write each letter twice.

With a crayon or colored pencil, draw a line between each image without touching any of the lines.

Trace the sentence.

The cat is soft.
Trace each number and punctuation mark, starting on the dot.

Copy each pattern in the empty box below it.
Trace each number and punctuation mark, starting on the dot.

Copy each pattern in the empty box below it.
Trace each letter and then write each letter.

Draw one flower in each vase.
Trace each letter and then write each letter.

Copy each tree in the blank boxes.
Trace each word.

spring

summer

Add grass and more blossoms to the tree.

Add more leaves to the tree, then color both trees.
Trace each word.

Add more leaves falling off the tree.

Draw more snowflakes and snow on the tree, then color both trees.
Trace the sentence.

The apple is red.

Trace the words.

stem

Color the apple part to match the words.

skin

seed

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Trace the sentence.

The frog is green.

Write the sentence again. Start with a capital letter.

The frog is green.

Draw a pond and a lily pad for the frog and color them.
Trace the words.

Write your first name. Start with a capital letter.

Write your last name. Start with a capital letter.

Draw a picture of yourself.
Trace the sentence. Write the number for how old you are.

I am 12 years old.

Trace the dates of historical events.

July 4, 1776
July 20, 1969

Draw more fireworks, then color them all.
Trace the sentence.

My address is

Write your street address. Start with a capital letter for street names.

Write the name of your city and state. Start each one with a capital letter.

Draw a path to help the kids walk back to their house.